



HEART LINK

*A Spouse Orientation Program
Improving Retention and Readiness*

Dates for 2012:

3 Mar; 7 Jun; 6 Sep; 6 Dec
8:00 am ~ 2:00 pm
Call the Airman & Family Readiness
Center to register!
623-856-6550

Imagine spending a day making new friends, learning about the Air Force, and walking away with a better understanding of how important YOU are to the team.

That is the goal of Luke Air Force Base's Heart Link program.

The Heart Link Program is an exciting and fun-filled day with an opportunity to be personally briefed by the 56th Fighter Wing Commander and other key base organizations that directly impact you and your family.

Heart Link was created for "new" spouses; however, all spouses are welcome (and encouraged) to attend.

Childcare is provided free of charge (at a Family Childcare Provider).

Breakfast and lunch will be served at no cost to you.

The day's activities include:

You and the Air Force: Where You Fit In
Introduction to the Air Force Family
Toolkit for Preparedness
Communicating Within the Air Force
Healthy Families
The Vital Importance of the Air Force Family

**Call
623-856-6550**